

Wired Parents Newsletter



August 28, 2011 :: First Baptist Church :: 218 S Academy St, Cary, NC 27511 :: 919-467-6356 :: fbcwired.com

A Note From Todd

It's hard to believe that the 2011-2012 school year is already underway! This is always a time of big transitions with a brand new group of 6th graders coming into the student ministry (and starting middle school), a new group of high school freshmen as well as a huge change for all of our graduated seniors entering a whole new world as they officially become college students! It's exciting, scary, fun, intimidating, nerve wracking, stressful, and I'm sure it's pretty wild for the students as well!

It's also hard to believe that according to our most recent count, we have 36 different school campuses represented in our ministry between middle school, high school, and college! That is an awesome challenge as well as an awesome opportunity! The challenge is obvious: it's quite tough to achieve unity

and harmony in a group with so many different campuses represented. Cliques are always a problem with teenagers and this becomes especially tough when students are so spread out. Fortunately, despite the fact that we have so many campuses represented, we are still part of the same body and serve the same Lord! It is a great opportunity also because we are positioned to send students out as ambassadors and representatives of Jesus Christ to shine His light on each of these three dozen campuses! Imagine the impact we can have in the name of Jesus to live passionately for Him and spread His fame! That is truly exciting!

With that exciting opportunity also comes a huge responsibility. Making disciples and spreading the fame of Jesus to these campuses is not optional. We have been commanded by Jesus Himself to this very task. It is our purpose, our mission, and our calling to

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Seven Tips for a Successful School Year

Moving into a new school year is a time of stress for all families. For kids, stress accompanies new classes, new teachers, new friends and new academic challenges. There's even more stress for kids who are changing schools! But, there is also stress for parents as we get our kids back into school year routines, and as we help our kids deal with their stress. As parents, our goal ought to be to intentionally work to keep the

stress levels down in our homes. Lowering the stress levels will not only help your family, but will also do a lot to make sure your kids experience a successful school year. Here are seven tips to help you along in the process:

1. Create a Peaceful Home Environment






Your kids don't need a perfect home, but to thrive, they need a peaceful one. Kids are at battle all day long at school. They battle peer pressure, body image, academic pressures, relational issues

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Upcoming Events Calendar

SUN	MON	TUE	WED	THU	FRI	SAT	
18  ZAXBY'S	19	20	21	22	23	24	
25 Bojangle's	26	27	28  converge SEE YOU AT THE POLE™	29	30  Courageous	1 TLC	
2 Wendy's	3	4	5	6	7 5th Quarter!	8 October 	
9 ZAXBY'S	10	11	12	13	14	15	
16 Bojangle's	17	18	19	20	21 5th Quarter!	22	
23  Wendy's	24	25	26	27	28	29 Cary Band Day	
30 Fall Festival 	31 	November					5
6 ZAXBY'S	7	8	9	10	11  Appalachian Mission Trip	12	
13 Appalachian Mission Trip	14	15	16 	17	18	19	

Upcoming Events Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
20 	21	22	23 <i>No church activities</i> <i>Happy Thanksgiving!</i>	24	25	26
27 Hang out at the MacPhersons' after small groups!	28	29	30	1 DECEMBER	2	3 <i>A Cary Christmas</i>
4 <i>A Cary Christmas</i>	5	6	7	8	9	10 Student Christmas Parties
11 JOY	12	13	14	15	16	17 <i>WSM Christmas Rehearsal</i>
18 WSM Christmas Presentation	19	20	21 	22	23	24 <i>Christmas Break Christmas Break</i>
25 <i>10 am service only</i>	26	27	28 <i>No church activities</i>	29	30	31 <i>Christmas Break Christmas Break Christmas Break Christmas Break Christmas Break Christmas Break</i>
1 <i>No church activities</i> PASSION	2 JANUARY	3	4	5	6	7
8 <i>Signing teams' rehearsal resume</i> 	9	10	11 <i>Wired Choir rehearsals resume...</i> SPET	12	13	14
15 Sneak Preview Lunch ZAXBY'S	16  Wired Drama Team rehearsals resume..	17	18 	19	20 DISCIPLE NOW	21

Weekly Events

Unless otherwise noted, this is our normal weekly schedule:

SUNDAY

- 8:00 am - Worship service
- 9:15 am - Student Bible Study
- 10:30 am - Worship service
- 4:30 pm - Signing teams' rehearsals
- 5:45 pm - Fusion & UpLink

MONDAY

- 5:30 pm - Wired Drama Team rehearsal

TUESDAY

- 6:30 pm - GROW

WEDNESDAY

- 4:00 pm - Wired Worship Band rehearsal
- 5:15 pm - Wired Choir rehearsal
- 6:00 pm - Collide

creative ministries

Wired Drama Team - for all grades - meets 5:30-7:00 pm on Mondays in the Dining Hall - no experience necessary - led by Todd Cole & Matt Williams - 2012 rehearsals resume on Monday, January 9

Wired Choir - for all grades - meets 5:15-5:45 pm on Wednesdays in the Choir Room - no experience necessary - led by Janice Buckner - 2012 rehearsals resume Wednesday, Jan 11

LifeSigns - for middle school only - meets 4:45-5:45 pm on Sundays on the 3rd floor - no experience necessary - led by Dawn Cole & Sharon Gurkin - 2012 rehearsals resume on Sunday, January 8

Sign of Salvation - for high school & older - meets 4:30-5:45 pm on Sundays in the room beside the Youth Lounge - no experience necessary - led by Amy Mielock & Penny Wilkinson - 2012 rehearsals resume Sunday, January 8

Wired Worship Band - for high school & older - meets 4:00-5:00 pm on Wednesdays in the gym - must have at least 2 years experience on instrument/voice & must audition with leaders - led by Kaleb Huddleston & Matt Williams

Parent Cheat Sheet

- 9.28 See You At The Pole
 - 9.30 Courageous
 - 10.1 TLC - see your Sunday bulletin for more info!
 - 10.5 Last day to sign up for Wholly His!
 - 10.5 Last day to sign up for the AMT! Pay \$65!**
 - 10.7 5th Quarter (9pm-Midnight in the gym)
 - 10.8 Wholly His - a DOTK event
 - 10.23 Volunteer Meeting
 - 10.21 5th Quarter (9pm-Midnight in the gym)
 - 10.29 FYI: Cary Band Day - not a "WSM" event
 - 10.30 Family Fall Festival - see your Sunday bulletin for more info!
 - 10.30 Monster Bash - \$5 at the door!
 - 10.30 Last day to sign up for Passion (pay \$99 deposit)
 - 11.11-13 Appalachian Mission Trip
 - 11.16 DNW Early Bird Discount ends after today - only pay \$30 to register! After today, DNW registration price goes up to \$45!**
 - 11.16 Volunteer Meeting
 - 11.23 No church activities
 - 12.3 A Cary Christmas
 - 12.4 A Cary Christmas - \$100 balance for Passion is due!
 - 12.10 Student Christmas Parties
 - 12.11 JOY breakfast
 - 12.17 WSM Christmas Rehearsal
 - 12.18 WSM Christmas Presentation
 - 12.21 Join us for caroling at 6:00 pm!
 - 12.25 10:00 am service only
 - 12.28 No church activities
 - 1.1 No PM church activities
 - 1.2-5 Passion 2012 (high school seniors & college only)
 - 1.8 Signing teams' resume
 - 1.9 Wired Drama Team resumes
 - 1.11 Wired Choir resumes; SPET @ 7:30pm
 - 1.15 Sneak Preview Lunch**
 - 1.18 Volunteer Meeting @ 7:30 pm
 - 1.20-22 Disciple Now Weekend ::: Cost = \$45
Save \$15 by registering before Nov. 17!
Cost goes up to \$50 if you pay at the door.
- Put these upcoming events on your calendar!**
- Girls Weekend - looking at late April
 - Guys Weekend - possibly May 25-28
 - 5.2 Senior pictures due to Mrs. Penny
 - 6.3 Graduate Recognition
 - 6.10-13 IGNITE
 - 6.17-22 Mission Camp
 - 7.11-25 Mission Trip - dates may shift slightly

Back-2-School Cookout!

Saturday,
September 10
3:00-7:30 pm



North Cary Park

This is for the **WHOLE** family! Bring your own meat for us to grill and a side dish to share with the other families there!



Join Wired Student Ministries at the movies on
Friday, September 30!

Get more details from our weekly e-newsletter!

DISCIPLE NOW WEEKEND

JANUARY 20-22, 2012

SAVE \$15 BY REGISTERING BY NOVEMBER 16! JUST PAY \$30!

converge

Encourage your student and their friends to be a part of See You At The Pole as they take their place in history with millions of other students on this global day of student prayer!

Wednesday, September 28
30 min before school starts!

Check out syatp.com for more information!

Appalachian Mission

Trip

November 11-13

Cost = \$65



Join us for an incredible weekend in the mountains of Tennessee as we minister to families in need - from working on homes to handing out winter items - along with sharing the gospel! To sign up as a student or chaperone, pay your \$65 fee by October 5!

Monster Bash

Sunday, October 30

6:00 pm-10:00 pm

Dining Hall

Cost = \$5



Dress up as your favorite character! Prizes will be awarded for best costume and more! We'll play games, eat a **MONSTER** amount of food, and hang out in the Dining Hall! We're planning for a **MONSTER** turn-out so bring a friend and \$5 per person for admission!

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see the name of Jesus proclaimed and lifted high on every one of these campuses - and even to the ends of the earth! As great and important as academics and athletics are, they are a distant second and third to the mission given to us by Jesus to make disciples everywhere we possibly can!

As parents of teenagers, God has given you the task of raising your children to fulfill that very purpose for which God created them. We know that you take that huge responsibility very seriously. Our desire as a church and a student ministry is to partner with you, supporting and equipping you to raise godly young men and women who leverage their lives and resources to engage their culture with the Gospel of Jesus Christ. Please do not hesitate to let us know how we can best support you!

I speak for Dawn, our staff, our entire volunteer team, and myself when I say that we truly and dearly love your sons and daughters. We see incredible potential in them! I am so excited about what God is doing in them and through them. I know that He has HUGE plans for the coming school year! Thank you for your continued support, prayers, and encouragement as we



serve along with you investing in the next generation of God's kingdom!

"Yes, Lord, walking in the way of Your laws, we wait for You; Your name and renown are the desire of our hearts." -Isaiah 26:8 (NIV)

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Wholly His

Join us on **Saturday, October 8,**
for a **whole** evening
of girls-only fun!
PLUS, the WHOLE
event is **FREE!**
5:30 pm-8:30 pm
Annex 3
Please sign up by October 5!



2012 PASSION
JAN 2-5 // GEORGIA DOME

-High school seniors & college only-

Sign up by paying your deposit!
Deposit = \$79 until September 30
Deposit = \$99 after September 30

\$100 balance due on
Sunday, December 4!

Last day to sign up is Sunday, October 30!

268generation.com/passion2012/

Student Christmas Parties!

Saturday, December 10

Each grade and/or SBS class will plan their own party see their teachers or care leader for specific locations & start times. All parties will conclude inside the church's Dining Hall where we will all eat dessert & watch the 2011 slideshow! Pick up your student at 9:30 pm!



...continued from page 1 "Seven Tips"

with peers, and some struggle with being bullied. They need to come home to a place where they can retreat, drop their battle gear at the door and be in a shelter where they can just be themselves. Your home ought to be the one place your kids feel truly safe, where they can be loved and known and cared for. So, even though there will be stress and conflict at home from time to time, do your best to not let the "stuff" of everyday life turn your home into a tense, stressful environment. Make your home a safe, calm haven of escape from the madness going on in the outside world. Perhaps this means starting with the noise level in your home. Turning down the volume of television and music can help. Try not to overreact to circumstances of home life. Sure, many issues need to be addressed, but when you get angry or frustrated, overreactions are common and family stress levels rise. Look to cool down before you respond to such situations. Your family will thank you for it. When your home is peaceful, chances are, your kids will do better in school.

2. Make Time for God Everyday

In 1 Timothy 4:8, we read, "For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come." Encourage your kids to have a daily devotional time each and every day. Having a daily time with God is a great way for them to refresh their spirit in the presence of God. Your modeling this discipline can go a long way in setting the example that your kids will follow. As kids get caught up in all the demands of school and other activities, it's key for them to understand the truth that "Unless the Lord builds the house, its builders labor in vain" (Psalm 127:1). Further, consider a regular family devotional time. Take advantage of opportunities for worship that your church offers.

3. Make Physical Needs a Priority

1 Timothy 4:8 is also a good reminder to us that "physical training is of some value." To keep kids healthy and functioning at their peak, as well as to keep the stress monster at bay, we need to help ensure that they maintain a balanced physical lifestyle. This means that they need to get regular exercise, plenty of rest (9 to 9.5 hours per night for teens!), and eat a healthy diet! Making sure your kids' physical needs are being met takes a lot of effort, but again, kids tend to do better in school when their bodies are well-cared for.

See our
"Welcome to
Wired Student
Ministries"
brochure
for more
information
on JOY!

joy
COMES IN THE
MORNING
SUNDAY, DECEMBER 11 @ 9AM

Wired Student Ministries
Christmas Presentation
Sunday, December 18 @ 6pm

Featuring the Wired Worship Band, the Wired Drama Team, Wired Choir, LifeSigns and Sign of Salvation!

4. Keep the Safety Net Strong

I mean your family, of course. Within your family, your kids find the important relational connections that will sustain them through the good times, as well as the bad. Strained or broken family relationships affect other areas of your kids' lives - like their school performance. So, take the lead in your family to make sure your relationships become and stay healthy. Start by evaluating whether or not you are currently "enjoying" or "annoying" your family... then make the changes necessary to strengthen those family ties.

5. Protect the Balance of Scheduling

Parents will help their kids have a successful school year by protecting a balanced lifestyle, in terms of scheduling. Look at the big picture. School, homework, athletics, hobbies, church activities all add up to a significant amount of your son's or daughter's time. Help evaluate the effects that these various activities have on their lives. Don't be afraid to initiate a cutback in order to protect their most important involvements. Help your kids learn that no one can do everything! Watch for emerging signs of stress. If your kids are demonstrating stress, be sure to reevaluate their schedules.

6. Keep an Eye on Academics

There's no doubt that your kids' schoolwork is important! It's wise to take an active role in regularly checking on how your children are doing automatically. Don't just look for the bottom line (grades), but keep an eye on whether or not they are learning disciplined study habits, if they are turning in assignments on time and what areas they might need additional help with. Having said this, let me also say, as parents we need to maintain

balance in this area! Too many parents hover over their kids like helicopters, making sure every assignment is completed, on time and done correctly. This actually serves to hinder our kids' development toward independent adulthood. Kids need to learn to become responsible in this area of their lives. Many parents today wrap their own self-worth in how kids are doing in school. I've know parents who actually do their kids' homework for them! "Just say no" to this type of behavior!

7. Roll With the Punches!

No young person is exempt from facing at least occasional difficulties associated with school. Some are just brief "moments" while others are "seasons." How they respond to the hard times is a key determining factor in whether or not anxiety will wreak havoc in their lives; anxiety that soon begins to affect their school performance. The people who enjoy the highest level of contentment in life are the ones who can stay flexible when the tough times happen - and they are the ones who end up standing when those times have passed. So, teach your kids to roll with the punches: to face difficulties with faith and courage, to get up off the carpet when they fall, to dust themselves off, work to constructively resolve their problems and to move on is a key life lesson they'll thank you for - for years to come!

Burns, Jim. "HomeWord - Seven Tips for a Successful School Year." *Home : HomeWord Center for Youth and Family @ Azusa Pacific University*. HomeWord, 13 July 2006. Web. 25 July 2011.

**Get weekly updates sent
directly to your email address!
Just email Mrs. Penny and
she will sign you up!
pennyw@caryfbc.org**

